

Zinc Test

Ninety six percent of people are zinc deficient. Without zinc in the diet your body will not manufacture or catalyze over 200 enzymes. An enzyme creates a chemical reaction like a spark plug in a car. A zinc deficiency is like trying to run a car without spark plugs. Imagine how your body works being deficient in these enzymes. Zinc controls many important functions. Zinc affects the way taste buds work. If your food doesn't taste good you tend to eat more which can contribute to obesity. Zinc is important for muscle mass and density and it metabolizes vitamin-A. Zinc is also important in the mechanism of respiration. When you exhale, carbon dioxide is carried out of the body on an invisible gas created by carbonic anhydrase. Zinc deficiency reduces carbonic anhydrase causing a person to become winded or short of breath easily. Zinc should be highly concentrated in the brain, heart, and prostate gland. No wonder so many men have sexual performance and prostate issues. The problems caused by zinc deficiency can be easily avoided with my professional instruction.

What foods contain zinc? Eating 3 cups of pumpkin seeds a week is one of the natural ways to receive the recommended amount of zinc daily. However, this is not cost effective and it is very inconvenient. What is antagonistic or destroys zinc in your diet? Coffee, alcohol, soda, and sweating reduce the levels of zinc in the body. This is why some professional athletes die young. They work out all the time and sweat out all the zinc and other trace minerals that their organs need to stay young. Proper levels of zinc are especially important to professional athletes who gain a better performance advantages. Michael Jordan never made the 10th grade basket ball team because he did not have a coach. Everyone needs a coach, and in the nutritional field they need professional guidance. There are 21 different types of zinc available and I know the secret to which work properly in the human body.

If you think you are zinc deficient we have a liquid zinc test kit that we can send to you. Over 99% of my patients will fail this test. The Zinc test kit is \$25 plus shipping and handling and the test can be used over 75 times. If you are deficient, we have a special zinc supplement that can help. Each bottle contains a 4 month supply and costs just \$15 plus shipping and handling.

Please contact me at doctorofthefuture1@yahoo.com for questions and to place orders.
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