

Menstrual Cramps & Anemia:

There are 54 different types of anemia; most women are anemic due to their menstrual cycle and a large majority of men are anemic due to poor diet. Anemia is lack of red blood cells in the body. Symptoms include: bruising easily, chronic fatigue, and low energy. The biochemical explanation is that with out proper nutrition you will not make sufficient amounts of red blood cells. The number one constituent of red blood cells is oxygen, and the lack of oxygen makes a person tired. The main reason people age is lack of proper oxygen absorption. Exercise is not the single criteria that can slow down aging. For the body to live and thrive, the most needed elements are oxygen, water, and food so it would make sense how Anemia can affect the body.

The reason a woman clots during her menstrual cycle is because innate intelligence realizes that the body is not producing enough red blood cells and clotting is the way the body slows down the flow of blood leaving the body. Unfortunately, many women suffer 2 weeks of menstrual cramping during their monthly cycle. It is inexcusable that medical science has not addressed this problem. The medical professions answer to menstrual cramping is a hysterectomy or to take birth control pills. Women prescribed birth control pills to stop menstrual cramping are only masking the symptoms. As soon as a women stops taking the pill, the underlying problem of cramping resurfaces. We have a product that can resolve this issue the majority of the time.

At age 52 and over, 65% of men and women are anemic because the intestinal tract does not have enough microorganisms to properly digest food. The intestinal tract is where iron, B-12, and hundreds of other nutrients are absorbed. If the proper microorganisms are not in the intestinal tract then B-12, iron, and the other nutrients are not absorbed resulting in mal absorption syndrome. Besides lack of oxygen the second contributing factor to aging is mal absorption of food. Therefore, once a person becomes anemic, they have slowed down the synthesis of their own DNA. In these cases you are biologically aging. This is one of the secrets to anemia and menstrual cramps and we have the answer. Go to our website to order Bowel Flora Test to see if your body can properly absorb food.

For a 4 month supply of our nutritional product the cost is a mere \$6 a month for a total of \$25 a bottle plus shipping and handling. It will last a person 4 months taking 4 tablets a week. It will assist 8 out of 10 women with their next menstrual cycle and stop the cramping and clotting. I have witnessed the effectiveness of this product personally, introducing it into my practice since 1985.

Please contact me at doctorofthefuture1@yahoo.com for questions and to place orders.
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